Welcome to Virginia's Barrier Islands

Here's your Guide to What's Open

📆 U.S. Fish and Wildlife Service

Assateague Island, VA







Please enjoy the dry & wet sand at the recreational beach. When walking away from this area please keep to the water's edge at all times. The overwash and Over Sand Vehicle zone may close based on bird nesting activity. Do not enter posted bird nesting areas. Toms Cove Hook closes annually from March 15-September 1.



www.fws.gov/refuge/Chincoteague

Portions of Metompkin & Cedar Islands'









Assawoman Island

Day Use Only nan Island is closed annually from







Fisherman & Skidmore Islands



Closed to Public Year Round

Eastern Shore of Virginia NWR







Day Use Only The southern tip of Raccoon Island

at Eastern Shore of Virginia NWR is open for beach recreation. Please avoid posted bird nesting areas. All other beach areas of the refuge are closed to the public.











*The Nature Conservancy owns and manages the majority of Metompkin and Cedar Islands as a portion of their Virginia Coast Reserve. Parts of Cedar Island are also privately owned. Please



The Nature Conservancy

VA Coast Reserve





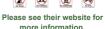


The Nature Conservancy manages multiple properties through the VA Coast Reserve (see map). These include Metompkin, Cedar, Parramore, Rogue, Sandy, Hog, Revels, Cobb, Little Cobb, Ship Shoal, Godwin, Myrtle, Mink and Smith Islands. Access and permitted activities vary per location.









www.nature.org/vcr The Nature Conservancy



National Aeronautics & Space Administration

Wallops Island



Closed to Public

www.nasa.gov/centers/wallops

Department of Conservation & Recreation

Wreck Island











Day Use Only Please enjoy the dry & wet sand of the beach, though swimming is discouraged.

Closed April 15-August 31.

Please see their website for more information. www.dcr.virginia.gov/natural-heritage

Department of Game & Inland Fisheries

Mockhorn Island













Please enjoy the dry & wet sand of the beach. Primitive camping is allowed.

Please see their website for more information. www.dgif.virginia.gov

Access and regulations can change over the year. Please check the website for the location you wish to visit for the most up to date information.